



Everett High School
Naval Science 1- NJROTC 1
1.0 CTE and PE credit (0.5 per semester)
Senior Chief Joseph Estrella, USN (Ret)
JEstrella@everettsd.org
Rm # 425-385-4595 or Mobile # 425-310-2320
Available anytime

Course Description

NJROTC is a Navy-sponsored program developed to instill the values of citizenship using the Core Values of the Navy—honor, courage, and commitment. First year cadets will be introduced to military drill, Navy customs and courtesies, the Navy Uniform, learn about the history of the JROTC programs, values of followership and leadership, and the mission of the United States Navy.

Course Material

Introduction to the Navy Junior Reserve Officer Training Corps

An electronic copy of the textbook is available in the student's Canvas module. A hardcopy of the book is available if needed.

Cadet Field Manual

Cadet Reference Manual

Navy Service Uniform (NSU) and Navy Physical Training Uniform (PTU)

Course Objectives

Despite common misguided assumptions – **THE NJROTC PROGRAM IS NOT A RECRUITING TOOL FOR MILITARY SERVICE** – it is a highly structured program to foster leadership and citizenship within the country and community.

Students will:

- **Create an understanding of patriotism**
- **Develop to become an informed and responsible citizen**
- **Promote and develop habits of orderliness and precision**
- **Develop a high degree of personal honor, self-reliance, self-discipline and leadership**
- **Provide incentives to live healthy and substance abuse-free lives.**
- **Develop leadership potential**
- **Promote high school completion, foster post-secondary education and enhance employability**



Course Topics

Academics: Based on the following units of instruction in the textbook and cadet field manual:

1st Semester

Unit 1: NJROTC and Your Future

Chapter 1: Introduction to NJROTC

Chapter 2: Career Planning

Unit 2: Leadership Skills

Chapter 1: Followership

Chapter 2: Leadership

Chapter 3: Motivation

Unit 5: Wellness, Fitness and First Aid

Chapter 8: Understanding and Controlling Stress

Military: Based on the following units of instruction

- Drill
- Uniform inspections
- Physical training
- Military knowledge

2nd Semester (subject to change)

Unit 3: Citizenship and American Government

Chapter 1: Citizenship and Responsibility

Chapter 2: Foundations of US Government

Chapter 3: National Defense

Unit 4: The US Navy

Chapter 1: Navy Ships

Chapter 2: Naval Aviation

Unit 5: Wellness, Fitness and First Aid

Chapter 10: First Aid for Emergency and Nonemergency Situations

Unit 6: Geography and Survival Skills

Chapter 1: Geography, Map, Skills, and Environmental Awareness

Chapter 2: Fundamentals of Survival

Military: Based on the following units of instruction

- Drill
- Uniform inspections
- Physical training
- Military knowledge



Classroom Expectations

WE ARE EVERETT



REP Everett!
Virtual Expectations

Respectful staff and students will...

- ✓ Practice positive digital citizenship and take care of your digital footprint
- ✓ Work to ensure all voices have the chance to be heard
- ✓ Use kind words, faces, and gestures
- ✓ Use personal pronouns and gender conscious language in dialogue and digital representation
- ✓ Be patient and flexible
- ✓ Mute your microphone when not speaking

Engaged staff and students will...

- ✓ Communicate with and support all people in the learning environment regularly
- ✓ Share the virtual space with all in the learning community
- ✓ Get involved; stay connected
- ✓ Be available during school hours and communicate with those affected when not available
- ✓ Provide timely and meaningful feedback

Prepared staff and students will...

- ✓ Choose a distraction free space
- ✓ Have what you need to succeed
- ✓ Establish daily routines and boundaries to support learning for you and all people
- ✓ Check school-based online communication regularly

High School of Everett, Everett, WA 98201

WE ARE EVERETT



REP Everett!
Classroom Expectations

Respectful staff and students will...

- ✓ Be mindful that it's a shared learning environment:
 - Be kind and open to others' opinions
 - Own our mistakes and deal with conflict respectfully
 - Maintain a clean and safe environment
- ✓ Listen with the intent to hear/learn
- ✓ Take care of yourself

Engaged staff and students will...

- ✓ Collaborate and communicate with others
- ✓ Be inclusive and let everyone have a chance to speak
- ✓ Use your phone productively, know and respect the District's policy and the teacher's expectations

Prepared staff and students will...

- ✓ Know what you need to be prepared, and where the materials are in the classroom
- ✓ Teachers provide students with what they need
- ✓ Give yourself permission to ask for help
- ✓ Be ready when the bell rings
- ✓ Have your computer charged

High School of Everett, Everett, WA 98201

When REP Everett classroom and virtual agreements are not met resulting in the disruption in learning for students the following process will be followed:

- 1. First incident: Conversation with the student*
- 2. Second incident: Conversation with the student and parent/guardian contact*
- 3. Third incident: Conversation with the student, parent/guardian contact, office referral*



Classroom conduct:

- **RESPECT for others** is stressed, both as a fundamental principle of good leadership and as a requirement in my classroom. In discussions, *challenge the idea*, not the person.

- **CELL PHONES AND OTHER ELECTRONIC DEVICES WILL BE PLACED IN SILENT MODE OR TURNED OFF.** In accordance with district policy use of personal electronic devices (PEDs i.e. cell phones) are prohibited for use during class. The NS1 classroom will be treated like a Sensitive Compartmented Information Facility (SCIF pronounced skiff). Just like many areas in a military facility all personnel are prohibited from bringing PEDs into these areas. Upon entering the classroom phones will be placed in silent mode (not vibrate) or turned off and placed in the compartments provided in the classroom. Cadets will be informed daily to **“REP with your Phone/PED”** in accordance with school policy. This will be the cadets first notification. If the cadet is seen using a PED during class, the cadet will be reminded to **“REP with your Phone/PED.”** This will serve as their second notification. If the cadet is seen using a PED after the second notification, they will be handed a PED violation slip and reported to the school administration.

PARENTS/GUARDIANS IF A FAMILY EMERGENCY ARISES AND YOU NEED TO CONTACT YOUR CHILD PLEASE CALL THE MAIN OFFICE AT 425-385-4400.

- **REMOVE** all headgear of any type (hats, hoodies, etc.) and headphones (PED), unless required by religious obligations.

- **RESPECT** the furniture. Utilized furniture as they were intended to be used. Keep feet off the furniture. Our campus is open to the environment the chances of stepping on something is high.

- **DO NOT THROW anything.** If you need to pass a material to a fellow cadet or put something in the trash – do so smartly with little distraction. The only exception to throwing will be during **monitored team building exercises** conducted by Commander Gile or Senior Chief Estrella.

- Beverages and snacks are permitted, but you must clean up after yourself and do not forget to recycle – or these privileges will be revoked. Drinks must be in a closeable container and closed when not in use.

Grading

The EHS purpose for grading is to communicate information about student proficiency on content standards. Students and parents can access grades online through the LMS system. Grades should be checked weekly for most current class status. For information or to log in, go to <http://lmsinfo.everettsd.org>



Grading Scale (%)

A	93-100	C+	77-79
A-	90-92	C	73-76
B+	87-89	C-	70-73
B	83-86	D	60-69
B-	80-82	F	Below 60

Student grades will be based on consideration of four factors:

- Wearing of the NJROTC Uniform and Physical Training Uniform (when issued)
- Quizzes and projects
- Military Performance
- Homework/Classwork

Late work will be accepted; however, cadets will not receive full credit for the assignment. Cadets who are unable to meet assignment deadlines must request an extension and explain the reason.

Expectations while in Uniform

Unless otherwise notified, PT uniform and NJROTC uniform will be worn on Wednesday and Friday respectively. Uniform Inspections are a part of the cadet's grades. Each cadet will learn the specific guidelines about required grooming standards.

For females – (while in uniform) – hair should be put up in such a way that it doesn't fall below the collar of the uniform, faddish styles or unnaturally colored hair is not allowed, fingernails shall be either unpolished, a "French" manicure style or colored comparable to the cadet's natural skin color.

For males – (while in uniform) – hair shall be cut and tapered above the ears, and no more than 4 inches in length, or 2 inches in bulk on top of the head. Close, clean shaves are required with no beards, no sideburns lower than halfway down the ears, and no moustaches extending beyond the lip line or the corners of the mouth. No unnatural colored hair. Face piercings or earrings are prohibited while in uniform.

IMPORTANT NOTE: On designated uniform days, the uniform **MUST** be properly worn the ENTIRE school day – not just during the NJROTC class period. Cadets who fail to adhere to this requirement risk losing grade points they may have earned earlier in the day during their inspection.

Uniforms belong to the U.S. government, and **MUST** be returned when a cadet exits the program. **COSTS OF CLEANING AND REPLACING UNIFORMS ARE THE RESPONSIBILITY OF THE CADET. FAILING TO DO SO CAN BE A FINANCIAL OBLIGATION THAT OBSTRUCTS FINAL HIGH SCHOOL GRADUATION.**



Special Competitive Teams - (participation is not required but *highly* encouraged – and fun!)

Divisional/Regional competitive teams include

- Color Guard
- Armed Drill Team
- Unarmed Drill Team
- Academic Team
- Physical Skills Team
- Marksmanship Team

At the divisional level our unit competes against six other schools in the Olympic Division at four divisional competitions. Teams accumulate points throughout the season, the top three teams of each event will be invited to compete at the Regional competition competing with nine other teams across 32 different schools.

OLYMPIC DIVISION SCHEDULE (subject to change or cancellation)

- Arlington High School: **February 27th**
- Snohomish High School: **TBD**
- Everett High School: **April 17th**
- Oak Harbor High School: **May 1st**

REGIONALS: Host - Marysville-Pilchuck High School: **May 15th**

Non-Divisional competitive teams include:

- Orienteering Team
Competes in the Washington Interscholastic Orienteering League (WIOL) Winter League from November to February. The Winter League is the Pacific Northwest's premier competitive orienteering series for all ages: Elementary, Middle School, High School, and Collegiate students, and adults. We also offer non-competitive categories at every event. Competitor learn to read topographic maps, use a compass, make route choices, and problem solve when things don't go as expected. As students improve, these skills are used while running, providing a challenge for both mind and body.
- CyberPatriot
Competes nationally against more than 1000 CyberPatriot teams. The National Youth Cyber Defense Competition, which puts teams of high school and middle school students in the position of newly hired IT professionals tasked with managing the network of a small company. Through a series of online competition rounds, teams are given a set of virtual operating systems and are tasked with finding and fixing cybersecurity vulnerabilities while maintaining critical services. The top teams in the nation earn all-expenses-paid trips to



Maryland for the National Finals Competition where they can earn national recognition and scholarship money.

Stay Informed/Get Involved!

We welcome and encourage parent/guardian involvement in our program and have a booster club that enriches the program immensely! You are welcome to attend the monthly Booster Club meetings, or better yet – volunteer your time to our program!

Parents are encouraged to be involved with the N.J.R.O.T.C. Seagull Company Boosters and to assist as volunteers at various unit activities and field trips. Volunteers will be required to apply as a school day volunteer (i.e. school field trip chaperon) or as an extended support volunteer (i.e. overnight field trip chaperon) through the Everett School District website <https://www.everettsd.org/Page/4769>

The Booster Club's primary means of communication to the families is through email and the Booster's managed **Facebook page: [N.J.R.O.T.C. Seagull Company Boosters](#)**. Please "like" us right away and stay informed about the many activities we have throughout the school year.

All cadets are also asked to follow our **Twitter** page at: **[Everett NJROTC](#)**.

Everett High School Reassessment Policy

- All students will have the opportunity to retake summative assessments. Formative assessments and assignments may be redone at the discretion of the teacher.
- Retakes may not apply to long-term, multi-step assessments such as research papers, projects or presentation. In many of these cases, students receive feedback on each step of the process and have multiple opportunities to redo portions of the paper or project before final submission.
- Prior to a reassessment, students must provide evidence that relearning has occurred by completing a reassessment plan including the required formative and corrective work as determined by the teacher.
- Students must complete reassessments within a reasonable amount of time allowing for reteaching/relearning to take place. Reassessment plans (departmentally developed) should be complete within 7 school days of the original assessment and prior to the last two weeks of the current term.
- Students may be reassessed on a portion of the summative assessment, the entire summative assessment, or in a completely different format as determined by the teacher.



- The higher of the two grades will be recorded.
- All laws, statutes and policies pertaining to IEP or 504 accommodation plans remain in place and must be followed

Academic Honesty

At Everett High School we value honesty and integrity of work. Cheating on tests and homework by copying other people's work is not acceptable. Making copies of someone's computer disk is also considered cheating. When you cheat, you will receive a failing grade for that learning activity. Cheating also includes the aiding and abetting of cheating by others.

Plagiarism, the act of borrowing another author's work without crediting that author and thereby implying that it is one's own, is academically dishonest and a form of cheating. Students found cheating or plagiarizing will be referred to school administration.

Contacting the Naval Science - 1 Instructor:

Please feel free to contact me regarding any matter which pertains to your child's education. If I do not know the answer, the Senior Naval Science Instructor, the Everett High School Administration and I find the right resource to address these challenges. Below is my contact information, my preferred method of contact is either by email or calling my Google Voice phone number anytime. During school hours please contact the Main Office.

Senior Chief Joseph Estrella, USN (Ret.)
Naval Science Instructor (NSI), NJROTC Seagull Company
Everett High School
2416 Colby Avenue Everett, WA. 98201
E-Mail: JEstrella@everetsd.org
Main: (425) 385-4400 (preferred)
Room: (425) 385-4595
Google Voice (425) 310-2320 (preferred)